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Dear Students, Parents and Carers

RE: NHS Cadets Programme

We have been made aware of an exciting programme commencing in September 2020 which may be of interest to you.

The NHS Cadets programme is a partnership between NHS England/NHS Improvement and St John Ambulance with local NHS Trust delivery partners. Bradford District Care NHS Foundation Trust has been selected as one of the first 8 Trusts nationally to deliver the NHS Cadets Programme.

The NHS Cadets is a training programme designed specifically to give young people aged 14-16, opportunities within the NHS that they may not have had previously.

The programme aims to:

1. Deliver life skills through first aid and mental health first aid training and other role-appropriate training. This will not only be beneficial within the programme, but cadets will develop skills that could be utilised every day.
2. Develop the future health & care workforce – the programme will introduce young people to a range of health settings and roles, enabling them to learn more about potential careers.
3. Focus on developing the skills of young people in areas of deprivation – the programme will be focused on providing access to challenges and adventures that could transform young people's lives.
4. Provide young people with access to social action and volunteering opportunities within health and care.
5. Provide young people with a better understanding of the NHS and appropriate use of services.

Bradford District Care NHS Foundation Trust are looking for 100 young people in Bradford District, Airedale, Wharfedale and Craven to begin the programme in September 2020 to become an NHS Cadet. This initial recruitment is aimed at the 14-16- year-old age group.

Please email nhsacadets@bdct.nhs.uk if you are interested in this opportunity and one of the team will contact you directly.

Yours sincerely

Tina Smith
Headteacher

Frequently Asked Questions

What age can I join NHS Cadets?

To register for NHS Cadets, you must be either 14, 15 or 16 years old at the start of the programme in September 2020.

Who is NHS Cadets for?

NHS Cadets is aimed at young people who may not know what they want to do for their future career. NHS Cadets is an opportunity for young people to be exposed to the full range of career options within the NHS, not just health, but also roles they do not realise are available. For example, catering, finance, IT, maintenance, administration.

NHS Cadets is not aimed at those young people who are already engaged in a career in health/NHS.

What are the benefits of being an NHS Cadet?

Participating in the NHS Cadet programme will allow you to develop yourself in a healthcare setting and enable you to consider volunteering, employment or training within the wider health system.

You may find yourself able to further yourself on to one of the following -

- Health Volunteering either with St John Ambulance, Charity sector or the NHS
- Employment or apprenticeships within a health career
- Admission to a College or University for a Health Career programme.
- Transition to the Advanced NHS Cadets 16-18 year old programme – due to be launched 2021

You will be able to explore the various roles available within the NHS, and meet people from across the NHS.

What will be included in NHS Cadets?

The NHS Cadets programme covers a wide range of modules to help develop a range of knowledge and skills. By the end of this programme you will be able to see, treat and refer patients in a first aid and care setting. You will also explore leadership, training and careers in health. Some of the topics covered are as follows –

- Infection Control
- Moving and Handling
- Safeguarding

There will also be an opportunity to gain the St John Ambulance First Aid which will be delivered additionally over a weekend.

- Confidentiality
- Effective Communication
- The Volunteering environment
- Working in a Team
- Leadership
- Problem Solving
- Mental Health First Aid

What is the commitment to NHS cadets?

NHS Cadets will be delivered once a week, for 2-hours after school, during term time only.

How long will NHS Cadets take to complete?

The training is for 1 year and will start in September 2020.

Where will NHS Cadets be held?

We expect to hold NHS Cadets in 4 venues across Bradford, Airedale and Craven. We will have more information on the venues once we know how many people have applied. This information will be communicated with you individually. You must be able to travel to the venue safely after school hours or in the evening.

I have a disability or learning need, will I be able to become an NHS Cadet?

NHS Cadets is fully inclusive, if you require any support to participate please get in touch to discuss.

Due to COVID19, how will the training be delivered for NHS Cadets?

NHS Cadets will be delivered in line with current government guidance for COVID19. We expect to be able to deliver the programme face to face in September, however should things change, it may be that the content is delivered virtually. Should this happen, you would need to have access to the appropriate technology to be able to access the training.

If you have any further questions, please contact NHS Cadets by emailing NHSCadets@bdct.nhs.uk



Bradford District Care
NHS Foundation Trust