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2 June 2020

Dear Year 10

### Calling all Year 10 students, parents and carers!

We have joined forces with the brilliant team at PUSH talks to bring you a fantastic webinar. Join us on **Monday 8<sup>th</sup> June at 1.30pm**.

The webinar will be a fun, light-hearted, and interactive session. Your input and opinions are integral to the session. It will include games, participant polls and instant results displayed, leading to a Q&A at the end, where students can ask questions anonymously.

*What will I learn?*

1. Online participants receive Push's top tips for remote learning, understanding the brain and how it learns, how to form memories and recall them effectively, and build resilience and motivation over the summer.
2. Push will lead discussions and a Q&A with all participants on sharing top tips amongst their peers and learning community. Any answers are completely anonymous and go directly to the Push hosts and Mrs Towers who will relay comments to the rest of the attendees. This is to encourage participants to share their thoughts and tips without judgement.
3. Advice on staying calm and maintaining focus on the big picture: positive, healthy relationships and supporting one another with remote learning. We will also explore - via discussion and quizzes - how to create and maintain a simple and effective routine to develop learning / employability and networking during this strange time.

Students do not need access to web cams and audio. Where devices have these functions they will remain switched off and muted for the duration of the webinar.

Following the Webinar Push will send a follow up summary of the session. The summary will include answers to the Q&A, reminders of the key points of the session, and QR codes / website links to useful Go Higher and Push free online resources (videos, blogs, articles, newsletters) to continue support attendees after the live session.

We have limited spaces which will be available to students on a first come first served basis. To take part please register [here](#).

The session will be run through Zoom which can be accessed via a web browser or the app. Login details and a password will be emailed to all students who have registered the morning of the webinar.

Should you have any questions please do not hesitate to contact me at [oakto@oakbank.org.uk](mailto:oakto@oakbank.org.uk)

Kind Regards

Mrs Towers  
Higher Education Progression Officer

Miss Smith  
Headteacher



Headteacher: Tina Smith  
CEO, Beckfoot Trust: David Horn  
Chair of Academy Trustees: John Winkley

Beckfoot  
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